

March

2026

PEACE, INC. - FSD		SENIOR NUTRITION		OFFICE FOR AGING & YOUTH	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
2	3	4	5	6	
Sweedish Style Meatballs over Egg Noodles, California Blend Vegetables Pear, WW Bread	Bacon & Tomato Chicken Salad on Croissant Hearty Minestrone Soup Applesauce	Crab cake on Field Greens w/ Remoulade Garlic Butter Fired Corn Peach Cobbler	Meatloaf w/ Mushroom Gravy Peas and Pearl Onions Mashed Potatoes, Grapes Dinner Roll	Tuna Salad w/ Chopped Egg Salad on Kaiser, w/ Shredded Lettuce, Broccoli & Cheddar Soup, Fruit Cocktail	
9	10	11	12	IRISH 13 DANCERS	
Chicken Alfredo over Bowtie Pasta, Broccoli Florets Peanut Butter Cookie & Orange Italian Bread	Salisbury Steak w/ Beef Demi-Gravy, Mac & Cheese w/ Stewed Tomatoes Lima Beans, Banana	Meatball Sub on WW Roll Italian Wedding Soup Fruit Cocktail	Chicken Riggie's Sauteed Greens Peaches Fresh Dinner Roll	Beef & Guinness Stew Smashed Potatoes w/ Chives Steamed Cabbage & Baby Carrots, Coffee Cake, Rye Bread	
16	St. Pat's 17 Day	National 18 Sloppy Joe Day	19	National 20 Ravioli Day	
Kielbasa Sauerkraut Pierogis Cantaloupe, Marble Rye	Corned beef, potatoes, baby carrots, cabbage wedge, Bread, Chocolate Chip Cookie	Sloppy Joe on Kaiser Roll Peas & Carrots Garlic Fries Honey Dew	Boneless Chicken Cacciatore Whole Grain Penne Pasta Green Beans, Pineapple WW Bread	Mushroom Ravioli in a Button Mushroom Parmesan Cream Blistered tomatoes & Asparagus, Orange	
23	24	25	26	27	
Gianeli Sausage Grinder w/ Peppers & Onions Ranch Seasoned Kettle Chips Tropical Fruit Salad	Cream of Cheddar Potato Soup, Chopped Chicken Caesar Salad Diced Peaches	Smothered Seared Pork Baked Potato w/ Sour Cream Sliced Carrots, Roll Mixed Berries w/ Whip Top	Hearty Beef Stew, Roasted Red Potatoes, Crusty Italian Bread, Diced Pears	Hearty Tomato Bisque House Tossed Salad Garlic Texas Toast Tapioca Pudding	
30	31				
Turkey Noodle Soup Cran-Walnut Chicken Salad on Croissant Pound Cake w/ Berries	Herbed Baked Chicken Quarters, Wild Rice Roasted Cauliflower Apricots				

All Meals include: Coffee, Tea, Milk Bread, and Margarine

RESERVATIONS MUST BE

MADE 1 BUSINESS DAY

**Menus meet 1/3 of RDA
Menu is Subject to Change
IN ADVANCE BY**

**Guest Meal
\$7.00
12 NOON**

**Suggested Contribution:
\$3.50 (age 60+ or spouse)**

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